



**OFFICIAL
ATTEMPT**

What do you think counts?

A National Poetry Day
resource with Laura Mucha

**7-12 year olds
(Years 3-7/ P4-P7)**



What are you counting?

Watch the first half of the video and circle the ones that appeal to you, or that you also like to count.

Cartwheels

Pots of hummus

Blades of grass

Sweets

Hamsters

The length of a slinky

Hugs

Beats

Teddies

Days left of summer holidays

Dogs on the way to school

Sunsets

How many days until...

Snails when it's raining

Kickie ups

Mangoes

Fingers and thumbs



Have another read of the list. **Does it spark any more ideas for you?**

Please write down everything you can think of below.

And remember, there's no right or wrong answer. This is about what YOU are counting. It can be fun or serious. Long or short. Happy or sad.

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What do you think counts?



Please watch the second part of the video, and as you watch, think about what you think counts. By this, I mean what do you think matters? **What do YOU think is important?**



Again, there is no right or wrong answer to this. This is about YOU and what YOU think. **Write as many ideas as you can below.**

I think what counts is...

Because...

What's important is...

Because...

I think what matters in life is...

Because...

Get into pairs and share some of your ideas. Has your partner come up with any that make you feel happy or sad? Or make you laugh? Or stop and think? **Talk about them for a few minutes.** Can you come up with any more together?

What do you think counts?

Just to make sure we have come up with ALL the ideas we possibly can, please have a read of the thoughts that were shared in the video.

Circle the ones you agree with, cross out any that you don't. If there are any you think are VERY important, circle them twice. **Pay attention to how each idea makes you feel.**

- Counting on friends
- Meeting new friends
- Going on rides at theme parks
- The act of drawing
- Being loved
- Seeing friends
- Playing
- Children who are suffering in war
- Children who are suffering or in danger at home
- A clean environment
- Writing poetry
- Communication
- Not being excluded from things you enjoy
- A loving family and a home
- Having fun
- Empathy
- Knowing friends will always be behind you
- Friends and family
- Working hard to achieve a goal
- Practice put in
- Learning and education
- Sleep
- Treating everybody the same
- Seeing the ability, not the disability
- Kindness
- That everybody's voice is represented in society
- Knowing family and friends will always be there for you

Have another read of the list above.
As you do, **do they spark any ideas of your own?**
Write them on the next sheet.



What do you think counts?



Once you have read and thought about the ideas from the people featured in the video, have a go at writing some of your own below.

I think what counts is...

Because...

What's important is...

Because...

I think what matters in life is...

Because...



Remember there is no right or wrong answer to this.
This is about YOU and what YOU think.

Who do you count on?



In the second part of the video, a group of boys said that they all count on each other. Who do you count on, and why?

This might be someone you live with, someone you live near, someone at school, someone at a club you're a member of, someone older, someone younger...



Write down all your ideas here.

I count on ...

Because ...

I count on ...

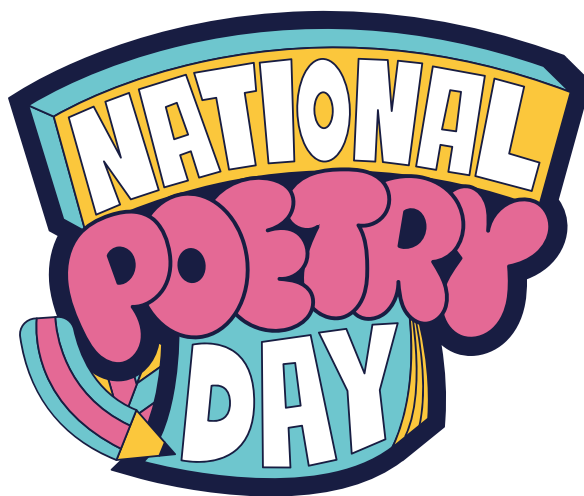
Because ...

I count on ...

Because ...

I count on ...

Because ...



#NationalPoetryDay

www.nationalpoetryday.co.uk



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